



2016 Rules for the UMCA

World Cup of UltraCycling (WCUC)

I. PURPOSE

The World Cup of UltraCycling Cup (WCUC) provides an opportunity for ultra---racers to compete in a series of events to determine the best ultracyclists in the world. To accomplish this goal, the UMCA will list events annually on the WCUC calendar at which ultra---racers will earn points. At the conclusion of the season, winners will be determined in each division by category identified below and an overall male and female champion declared. Becoming a WCUC champion will be a true test of one's endurance, perseverance, and determination. In addition to the WCUC, a UMCA sponsored World Championship Race Series will be added to the UMCA Calendar.

II. DIVISIONS

1. There are five divisions in the WCUC:

- A) **WORLD CUP OF ULTRACYCLING:** Racers earn points based on placing against other UMCA members in any event listed on the WCUC calendar.
- B) **6---HOUR CHALLENGE:** Racers accumulate mileage in any 6---hour race on the WCUC calendar with the combined total mileage of their top three events to determine placing.
- C) **24---HOUR CHALLENGE:** Racers accumulate mileage in any 24---hour race on the WCUC calendar with the combined total mileage of their top three events to determine placing.
- D) **12---HOUR CHALLENGE:** Racers accumulate mileage in any 12---hour race on the WCUC calendar with the combined total mileage of their top three events to determine placing.
- E) **500 Mile Series Challenge:** Racers earn participation awards based on the completion of two or more designated 500---mile races in the WCUC calendar.

III. CATEGORIES

In each of the divisions identified above, racers will be ranked in categories based on:

GENDER (male; female; mixed for teams and tandem only)

AGE (<18; 18 – 49; 50 – 59; 60 – 69; 70 and older; for teams average age less than 50 and greater than or equal to 50; for tandems combined age less than 100 and combined age greater than or equal to 100)

BICYCLE TYPE (standard; recumbent; HPV)

RIDER CONFIGURATION (solo; team [2, 4, and 8; solo club; team club]; tandem)

- 1. Points earned in one category will not be applied to another category (e.g., tandem points will not count in the solo, standard frame category).
- 2. Age is determined by birth year, regardless of actual age on the day of a given event. For example, in 2011 all riders born in 1961 will compete in the 50 --- 59 age group.
- 3. Currently there is no tandem division in the WCUC or tandem team category.

IV. REGISTRATION

1. All UMCA members are automatically entered in the WCUC. Separate registration is not necessary. All UMCA members that participate in at least one event listed on the WCUC 6/12/24/500 calendar will be included in the standings.
2. To earn points/mileage, a racer must be a member of the UMCA prior to the racer's first WCUC event. Under no circumstances will points/mileage be awarded retroactively.

V. GENERAL RULES

1. The WCUC season begins February 1st, and ends on December 31st, except that no event will be added in December without a minimum of 90 days' notice to UMCA members.
2. Results of WCUC events will be submitted by event organizers and/or compiled by UMCA officials and posted on the UMCA website within two weeks of the conclusion of each event. Individual racers do not have to submit their results, but it is strongly recommended that each racer check the standings to verify that their results are posted correctly.
3. If a racer finds an error with posted results and/or standings, the racer has two weeks from the date of posting of the results on the UMCA website to make a protest. Protests must be made in writing to the WCUC chair and copied to the UMCA executive director. Emailed protests are acceptable. Once a protest is made, the WCUC chair will investigate and render a decision within two weeks of receiving the protest. If a racer disagrees with the WCUC chair's decision, the racer may appeal the decision by adhering to the UMCA appeals policy.
4. If a racer feels these rules have been misinterpreted, or if they feel they have been treated unfairly according to these rules, they may file a protest. Protests must be made in writing to the WCUC chair and copied to the UMCA executive director. Racers may email their protests. The deadline to file a protest is two weeks from the date of the alleged infraction, or two weeks after the final event on the WCUC calendar, whichever comes first. Once a protest is made, the WCUC chair will investigate and render a decision within two weeks. If a racer disagrees with the WCUC chair's decision, the racer may appeal the decision by adhering to the UMCA appeals policy.
5. There is no minimum number of events, points or mileage a racer must earn to be included in the UCC standings.
6. All racers earning points/mileage will be eligible for divisional awards and/or Prizes as determined by the UMCA Board.
7. The overall male and female WCUC champions will be determined by distributing points based on overall placing against other UMCA members at each event, regardless of category. Categorical champions will be determined by distributing points based on categorical placing against other UMCA members at each event. Any solo racer using a standard or recumbent bicycle is eligible for the overall male and female

WCUC championships.

8. Most event organizers will have UMCA membership application forms available at their event and are able to accept your membership application on behalf of the UMCA. If you join the UMCA at an WCUC event, you will be considered a member immediately, and can earn points beginning with that event.
9. Event organizers are not responsible to ensure that an individual racer is a member of the UMCA prior to their event. That responsibility lies solely with the individual racer, and it is strongly recommended that racers confirm their membership status beforehand.
10. Each event on the WCUC calendar will have a set of rules by which their event is governed. Racers must abide by the event's specific rules and regulations. Event organizers are solely responsible for enforcing their event's rules and regulations. They are required to sort out any infractions, irregularities, disqualifications, adjustments of time and so forth, in their final standings before submitting official results to the UMCA. Under no circumstances will the UMCA arbitrate disputes between event organizers and participants.
11. To earn WCUC points, racers must officially finish an event that is based on distance, and must ride some measurable distance and be listed in the official final standings of events that are based on time.
12. Racers earn points and/or mileage in any and all divisions that an event participates in. For example, if a racer participated in Bike Sebring 24, they would earn mileage toward the UMCA 24-hour Challenge and the WCUC.
13. The UMCA has a zero-tolerance policy regarding the use of performance enhancing drugs (PEDs) or the use of any mechanical device to aid pedaling. Any racer found to have violated this policy will forfeit any points earned and be barred from competing for a period as determined by the UMCA Board of Directors. Any racer under suspension by another sporting sanctioning/governing body, the World Anti Doping Agency or a national anti-doping agency, is not be eligible to earn points in the WCUC during their period of suspension. The UMCA reserves the right to conduct testing for any and all performance-enhancing drugs (PEDs) and mechanical devices. Any athlete who refuses to be tested will be disqualified and subject to suspension as determined by the UMCA Board of Directors.
14. The UMCA is not responsible for cancellations or schedule changes for the events on the WCUC calendar and no substitutions and/or points/mileage adjustments will be made in those situations.
15. Racers may only earn points/mileage at an event that is listed on the WCUC calendar. To view the complete WCUC calendar, go to: www.ultracycling.com/events/races.php.
16. The UMCA reserves the right to modify the WCUC rules and the WCUC calendar at any time.

VI WORLD CUP OF ULTRACYCLING (WCUC)

1. Any UMCA member that rides at least one event listed on the WCUC calendar will be ranked based on total points in the appropriate division/category.
2. WCUC points will be awarded to the top 15 UMCA members (top 10 for 6-hour and 100 mile races) and based on a racer's placing amongst other UMCA members in the same category, and not the overall event standings. The overall male and female WCUC champions will be determined by distributing points based on overall

standard or recumbent bicycle is eligible for the overall male and female WCUC championships. Categorical champions will be determined by distributing points based on categorical placing against other UMCA members at each event.

3. The point category for each event will be displayed on the WCUC Calendar. To view the complete WCUC calendar, go to: calendar.ultracycling.com.
4. Points will be awarded using the Table below:

Place	6HR/100	12HR/200	24HR/400	500	750	1250	2800+
1	10	15	30	60	75	120	150
2	9	14	28	56	70	112	140
3	8	13	26	52	65	104	130
4	7	12	24	48	60	96	120
5	6	11	22	44	55	88	110
6	5	10	20	40	50	80	100
7	4	9	18	36	45	72	90
8	3	8	16	32	40	64	80
9	2	7	14	28	35	56	70
10	1	6	12	24	30	48	60
11		5	10	20	25	40	50
12		4	8	16	20	32	40
13		3	6	12	15	24	30
14		2	4	8	10	16	20
15		1	2	4	5	8	10

VII. 6--- 12--- AND 24---HOUR CHALLENGES and 500---MILE SERIES CHALLENGE

1. Any UMCA member that rides at least one 6, 12 or 24---hour race listed on the WCUC calendar will be ranked on total mileage in the appropriate division/category.
2. Standings in each respective division are based on the combined mileage for a UMCA member's top three mileage earning 6, 12 or 24---hour events listed on the WCUC calendar.
3. Racers may compete in more than three 6, 12 or 24---hour events, but only their top three mileage earning events will count toward the standings.
4. Racers successfully completing two or more races in the 500---mile series challenge will have the right to purchase an award recognizing their achievement.
5. An overall 500---mile series champion will be awarded to the racer successfully completing the greatest number of designated races with the minimum requirement that two races are completed. In the event two or more racers successfully finish the same number of events, the racer with the lowest overall lapsed time will be declared the champion.
6. Standard WCUC points will be awarded in accordance with the WCUC rules.

VIII. 12 AND 24---HOUR AND 200 and 500---MILE CHAMPIONSHIP RACES

1. The UMCA will announce the date and location of the 6, 12 and 24---hour and 200 and 500---mile championship races by January 31st of the current racing year.
2. To be eligible to race in the Championship Series Races a racer must be a full UMCA

member prior to the event.

3. Overall solo male and female champions will be declared in each event.
4. Champions will be declared in each category (see section III for a list of categories) in accordance with WCUC Cup rules.
5. Standard WCUC points and mileage will be awarded to UMCA members in accordance with WCUC rules except where noted.
6. The UMCA may consider qualification standards for the 12--- and 24---hour and 200--- and 500---mile championship races in the future. If so, details will be posted on the UMCA website at least six months before the championship race.

IX. TEAMS

1. Teams are welcome to compete in the WCUC and will earn points under the same guidelines as solo riders.
2. Using the criteria identified in Section III, the team standings will be sorted by division and category.
3. Teams must abide by the same rules and regulations as solo riders.
4. Teams may consist of 2, 4 and up to 8 members, and may be configured as all male, all female or mixed gender. However, all team members must use the same bicycle type.
5. Teams must select a name and a captain and register for the WCUC by notifying the WCUC Chair. The registration process is for informational purposes and to determine eligibility of team members. There will not be any additional fees for teams to register.
6. Team rosters may change at any time during the season provided the change does not cause a shift in category. Roster changes must be made in writing to the WCUC chair and copied to the UMCA executive director by the team captain and received at least 24 hours before the start of the first event where the modification will occur. Emailed changes to the roster are acceptable. Failure to notify the UMCA properly will result in the negating of any potential points.
7. All team members must be members of the UMCA prior to the first event they will race in for the team. Under no circumstances will points/mileage be awarded retroactively, or to a team that is not fully comprised of UMCA members.
8. There can be no more than one substitution per team per season. Specific rules for handoffs must be followed.
9. Teams may only earn points at an event on the WCUC calendar that offers a team division. The UMCA will not require an event to create a team division, nor restructure their rules, if they do not already have a team division.
10. Team champions will be declared in each division and category in accordance with WCUC rules.

X: TANDEM

1. Tandems are welcome to compete in the WCUC and will earn points under the same guidelines as solo riders.
2. Using the criteria identified in Section III, the standings for tandems will be sorted by division and category.
3. Tandems must abide by the same rules and regulations as solo riders.
4. Tandems may be configured as all male, all female or mixed gender.

5. Tandems must select a name and a captain and register for the WCUC by notifying the WCUC Chair. The registration process is for informational purposes and to determine eligibility of tandem members. There will not be any additional fees for tandems to register.
6. Tandem rosters may change at any time during the season, provided the change does not cause a shift in category. Roster changes must be made in writing to the WCUC chair and copied to the UMCA executive director, by the team captain, and received at least 24 hours before the start of the first event where the modification will occur. Emailed changes to the roster are acceptable. Failure to notify the UMCA properly will result in the negating of any potential points.
7. All tandem members must be members of the UMCA prior to the first event they will race in for the tandem. Under no circumstances will points/mileage be awarded retroactively, or to a tandem that is not fully comprised of UMCA members.
8. There can be no more than one substitution per tandem per season.
9. Tandems may only earn points at an event on the WCUC calendar that offers a tandem division. The UMCA will not require an event to create a tandem division, nor restructure their rules, if they do not already have a tandem division.
10. Tandem champions will be declared in each division and category in accordance with WCUC rules.

XI. TEAM CLUB

1. The Team Club category will recognize the combined achievements of solo racers competing under the auspices of a designated racing team or bicycling club.
2. A Team Club must register for the WCUC by notifying the WCUC Chair. The registration process is for informational purposes and to determine eligibility of members. There will not be any additional fees to register.
3. There is no limit to the number of racers that can be registered and racers can be added at any time by notifying the WCUC Chair, but must be added at least 7 days before any given event. Failure to do so may negate any points scored.
4. No individual racer can be a member of more than one Team Club. Individuals and any Team Club can petition the WCUC Chair to have a racer move from one Team Club to another. Any such move is at the discretion of the WCUC Chair and will be determined on a case---by---case basis.
5. All Team Club members must be members of the UMCA prior to the first event they race. Under no circumstances will points/mileage be awarded retroactively or to a Team Club that is not fully comprised of UMCA members.
6. A Team Club will accrue points based on the overall solo placing of its members as determined by the allocation of points identified in Section VI of these rules. To be eligible to earn points, a Team Club must have three or more members racing, and finish (even if outside of the top 15 finishers who score points in WCUC events), in any event. There is no limit on the number of racers competing in any event. For example, in a 24---hour race points are allocated from 30 down to 2 for the first 15 finishers and if a Team Club had racers in 1st, 5th, and 11th in the overall event standings the team scores 62 points. If another Team Club had racers in 2nd, 3rd, and 9th it would score 68 and therefore be higher in the standings for that event. It is

possible a team may have only 1 racer in the points and so only those points would count, but a minimum of three team members would need to be in the event and be official finishers for those points to count. Points are cumulative across the events on the WCUC calendar.

7. Team Club champions will be declared in for the UCC in accordance with UCC rules with the exception that no distinction will be drawn based on gender, age or bike type. A Team Club can be single gender and/or mixed gender. A Team Club can include racers of any age. A Team Club can have all racers on standard bikes, all recumbent bikes or be a mix of standard and recumbent bikes. A racer cannot though change bike platform during a race. Tandems and HPVs are not permitted.
8. Team Club racers must abide by the same rules and regulations as solo riders.

XII. RECOGNITION AND AWARDS

1. The top racer/team in each category in each division will receive an award from the UMCA.
2. Racers and teams that earn at least 50 points in the overall WCUC Cup standings, 600 miles in the 24---hour division or 300 miles in the 12---hour division and 150 miles in the 6---hour division, will receive a certificate.
3. The top Team Club will receive an award from the UMCA.

XIII. EXCLUSION POLICY

The UMCA has an interest in maintaining an atmosphere of fairness. And while UMCA does not determine the rules of the separate races, it is the expectation of UMCA that all such rules be applied fairly. Race directors shall give all applicants and racers equal treatment under the rules of their event. Race director shall not refuse entry to an applicant without a race--related cause, nor give prejudicial treatment to any applicant or racer. If a race director is found to be in violation of this policy, UMCA shall have the right to remove the event from the UMCA calendar, and to publicize such removal.

The UMCA also requires that any UMCA member participating in any event that carries WCUC points adheres to the rules delineated in this document, the published race rules, and conducts himself or herself in a manner that does not bring himself or herself or the UMCA into disrepute. This includes any behavior or communication before, during or after the event. Any member in violation of this policy may have any points earned deducted, be subject to disqualification from the WCUC for the season or expelled from the organization.